## **Yarra Junction Primary School**

School Number: 3216



## **BULLYING PREVENTION POLICY**

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	YJPS Wellbeing Team:
	YJPS Student Forum: (Students from all year levels invited to attend forum)
	YJPS School Council:
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Approved by School Council President:	Jason Rush 26/07/2022
Approved by Principal:	Lisa Rankin 26/07/2022
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### **BULLYING PREVENTION POLICY**

#### **PURPOSE**

Yarra Junction Primary School is committed to providing a safe and respectful learning environment where bullying will not be tolerated.

The purpose of this policy is to:

- explain the definition of bullying so that there is shared understanding amongst all members of the Yarra Junction Primary School community
- make clear that no form of bullying at Yarra Junction Primary School will be tolerated
- outline the strategies and programs in place at Yarra Junction Primary School to build a positive school culture and prevent bullying behaviour
- ask that everyone in our school community be alert to signs and evidence of bullying behaviour, and understands the importance of reporting bullying behaviour to school staff
- ensure that all reported incidents of bullying are appropriately investigated and addressed

ensure that support is provided to students who may be affected by bullying behaviour (including targets, bystanders, witnesses and students engaging in bullying behaviour)

• seek parental and peer group support in addressing and preventing bullying behaviour at Yarra Junction Primary School.

When responding to bullying behaviour, Yarra Junction Primary School aims to:

- be proportionate, consistent and responsive
- find a constructive solution for everyone
- stop the bullying from happening again
- restore the relationships between the students involved.

Yarra Junction Primary School acknowledges that school staff owe a duty of care to students to take reasonable steps to reduce the risk of reasonably foreseeable harm, which can include harm that may be caused by bullying behaviour.

#### **SCOPE**

This policy addresses how Yarra Junction Primary School aims to prevent, address and respond to student bullying behaviour. Yarra Junction Primary School recognises that there are many other types of inappropriate student behaviours that do not meet the definition of bullying which are also unacceptable at our school. These other inappropriate behaviours will be managed in accordance with our Student *Wellbeing and Engagement Policy* and *Inclusion and Diversity policy*.

This policy applies to all school activities, including camps and excursions. It also applies to bullying behaviour between students that occurs outside of school hours, where the behaviour impacts on student wellbeing and safety at school.

#### **POLICY**

#### **Definitions**

#### **Bullying**

In 2018 the Education Council of the Council of Australian Governments endorsed the following definition of bullying for use by all Australian schools:

Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm. It can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening.

Bullying can happen in person or online, via various digital platforms and devices and it can be obvious (overt) or hidden (covert). Bullying behaviour is repeated, or has the potential to be repeated, over time (for example, through sharing of digital records)

Bullying of any form or for any reason can have immediate, medium and long-term effects on those involved, including bystanders. Single incidents and conflict or fights between equal, whether in person or online, are not defined as bullying.

#### Bullying has three main features:

- It involves a misuse of power in a relationship
- It is ongoing and repeated, and
- It involves behaviours that can cause harm.

#### There are four main types of bullying behaviour:

- Physical examples include hitting, pushing, shoving or intimidating or otherwise physically hurting another person, damaging or stealing their belongings. It includes threats of violence.
- Verbal/written examples include name-calling or insulting someone about an attribute, quality or personal characteristic.
- Social (sometimes called relational or emotional bullying) examples include deliberately excluding someone, spreading rumours, sharing information that will have a harmful effect on the other person and/or damaging a person's social reputation or social acceptance.
- Cyberbullying any form of bullying behaviour that occurs online or via a mobile device. It can
  be verbal or written, and can include threats of violence as well as images, videos and/or
  audio.

Bullying can be a form of racism, sexism, homophobia, transphobia or other type of social prejudice when the behaviour is targeted at an individual or group because of a personal characteristic, such as race, religion, sex, sexual orientation, gender identity or disability.

For further information about bullying, refer to: <u>Bully Stoppers (education.vic.gov.au)</u> and the Department's <u>Bullying Prevention and Response</u> policy on the Policy and Advisory Library.

#### Other distressing and inappropriate behaviours

Many distressing and inappropriate behaviours may not constitute bullying even though they are unpleasant. Students who are involved in or who witness any distressing and inappropriate behaviours should report their concerns to school staff and our school will follow our Student Wellbeing and Engagement Policy] and/or this Bullying Prevention Policy where the behaviour constitutes bullying.

*Mutual conflict* involves an argument or disagreement between people with no imbalance of power. In incidents of mutual conflict, generally, both parties are upset and usually both want a resolution to the issue. Unresolved mutual conflict can develop into bullying if one of the parties targets the other repeatedly in retaliation.

*Social rejection or dislike* is not bullying unless it involves deliberate and repeated attempts to cause distress, exclude or create dislike by others.

Single-episode acts of nastiness or physical aggression are not the same as bullying. However, single episodes of nastiness or physical aggression are not acceptable behaviours at our school and may have serious consequences for students engaging in this behaviour. Yarra Junction Primary School will use its Student Wellbeing and Engagement Policy to guide a response to single episodes of nastiness or physical aggression.

Harassment is language or actions that are demeaning, offensive or intimidating to a person. It can take many forms, including sexual harassment and disability harassment.

*Discrimination* is behaviour that treats someone unfavourably because of a personal characteristic (for example, race, religious belief or activity, disability, sex or intersex status, gender identity or sexual orientation).

Discrimination, harassment, and any other inappropriate behaviour is not tolerated at our school and there may be serious consequences for students engaging in this behaviour. This includes any form of racism, religious or disability discrimination, sexism, homophobia, transphobia, or any other behaviour that targets an individual or group. Further information about discrimination and harassment, including definitions, is set out in our Inclusion and Diversity Policy. Yarra Junction Primary School, Yarra Junction Primary School

#### **Bullying Prevention**

Yarra Junction Primary School has a number of programs and strategies in place to build a positive and inclusive school culture and relationships to promote wellbeing. We strive to foster a school culture that prevents bullying behaviour by modelling, encouraging and teaching behaviour that demonstrates acceptance, kindness and respect.

Bullying prevention at Yarra Junction Primary School is proactive and is supported by research that indicates that a whole school, multifaceted approach is the most effect way to prevent and address bullying. At our school:

- We identify and implement evidence-based programs and initiatives from the <u>Schools Mental</u>
   <u>Health Menu</u> that are relevant to preventing and addressing bullying and help us to build a
   positive and inclusive school climate. Eg: BeYou, eSmart etc
- We strive to build strong partnerships between the school, families and the broader community that means all members work together to ensure the safety of students.

- We participate in the Respectful Relationships initiative, which aims to embed a culture of respect and equality across our school.
- We participate in the Resilience Project program, which aims to embed a culture of Gratitude, Empathy and Mindfulness along with nurturing skills of resilience.
- We celebrate the diverse backgrounds of members of our school community and teach multicultural education, including Australia's First Nations Peoples history, perspective and Woiwurrung language, to promote mutual respect and social cohesion.
- We participate in the Safe Schools program to help us foster a safe environment that is supportive and inclusive of LGBTIQ+ students.
- Teachers are encouraged to incorporate classroom management strategies that discourage bullying and promote positive behaviour.
- Wellbeing team implements programs and year level meetings throughout the year to raise awareness about bullying and its impacts.
- In the classroom, our social and emotional learning curriculum and Wellbeing Scope and Sequence teaches students what constitutes bullying and how to respond to bullying behaviour assertively. This promotes resilience, assertiveness, conflict resolution and problem solving.
- We promote upstander behaviour as a way of empowering our students to positively and safely take appropriate action when they see or hear of a peer being bullied.
- The Peer Support Program (facilitated by Wellbeing Team Wellbeing & Disability Coordinator, Chaplain and team members) encourage positive relationships between students in different year levels. We seek to empower students to be confident communicators and to resolve conflict in a non-aggressive and constructive way.
- Students are encouraged to look out for each other and to talk to teachers and older peers about any bullying they have experienced or witnessed.
- Students participate annually in Department of Education Attitudes to School Survey.
- Students engage with our schools Bullying Survey. (Years 3-6 once per term minimum and Year 2 in term 4). Prior to students completing the survey, they are re-engaged with our Schools Bullying Policy.
- Wellbeing Team and Principal evaluate Attitudes to School Survey data to inform Wellbeing focus' that align with our Schools Strategic Plan goals.
- Wellbeing Team evaluates termly bullying data and conduct 1:1 or group meetings to provide student support. Students identified as demonstrating bullying behaviour will also meet with the school principal and students will be given a Bullying Framework document to detail the type of bullying they have engaged with and consequence, furthermore the student will be required to complete a responsibility letter. (Refer Appendix)
- We participate in the National Day of Action against Bullying and Violence. (3<sup>rd</sup> Friday in March)

For further information about our engagement and wellbeing initiatives, please see our Student Wellbeing and Engagement policy

#### **Incident Response**

#### Reporting concerns to Yarra Junction Primary School

Bullying is not tolerated at our school. We ensure bullying behaviour is identified and addressed with appropriate and proportionate consequences. All bullying complaints will be taken seriously and responded to sensitively..

Students who may be experiencing bullying behaviour, or students who have witnessed bullying behaviour, are encouraged to report their concerns to school staff or another trusted adult as soon as possible.

Our ability to effectively reduce and eliminate bullying behaviour is greatly affected by students and/or parents and carers reporting concerning behaviour as soon as possible, so that the responses implemented by Yarra Junction Primary School are timely and appropriate in the circumstances.

We encourage students to speak to any trusted staff member including, teachers, Wellbeing Coordinator, Chaplain, Administration Staff, Education Support Staff or Principal.

Parents or carers who develop concerns that their child is involved in, or has witnessed bullying behaviour at Yarra Junction Primary School should contact Glenda Jewell our Wellbeing & Disability Coordinator [59671544 or by email directed to <a href="mailto:Glenda.jewell@education.vic.gov.au">Glenda.jewell@education.vic.gov.au</a>] or Kate Cairns our Student Wellbeing team leader 59671544 or by email directed to <a href="mailto:kate.cairns@education.vic.gov.au">kate.cairns@education.vic.gov.au</a>] or Lisa Rankin, School Principal [59671544 or by email directed to lisa.rankin@education.vic.gov.au]

#### **Investigations**

When notified of alleged bullying behaviour, school staff are required to:

- 1. record the details of the allegations in a student chronicle on compass with notification to classroom teacher, Wellbeing Coordinator, Student Wellbeing team leader, Chaplain.
- 2. The recipient of the contact and/or Wellbeing Coordinator/Student Wellbeing team leader/Principal/Classroom Teacher is responsible for investigating allegations of bullying in a timely and sensitive manner. To appropriately investigate an allegation of bullying, the staff member investigating the incident may:
- speak to the those involved in the allegations, including the target/s, the students allegedly
  engaging in bullying behaviour/s and any witnesses to the incidents (this may be 1:1 or in small
  student groups)
- speak to the parent/carer(s) of the students involved
- speak to the teachers of the students involved
- take detailed notes of all discussions for future reference (on chronicle)
- obtain written statements from all or any of the above.

All communications with the parent /student (s) /staff member in the course of investigating an allegation of bullying will be managed sensitively. Investigations will be completed as quickly as possible to allow for the behaviours to be addressed in a timely manner.

The objective of completing a thorough investigation into the circumstances of alleged bullying behaviour is to determine the nature of the conduct and the students involved. A thorough Yarra Junction Primary School's vision: to develop each child's social, emotional and academic growth by promoting our students to be creative, curious and critical thinkers within an engaging and connected learning environment. Vision Statement: We care, We inspire, We Achieve.

understanding of the alleged bullying will inform staff about how to most effectively implement an appropriate response to that behaviour.

Serious bullying, including serious cyberbullying, is a criminal offence and may be referred to Victoria Police. For more information, see: Brodie's Law.

#### Responses to bullying behaviours

When the staff investigator has sufficient information to understand the circumstances of the alleged bullying and the students involved, a number of strategies may be implemented to address the behaviour and support affected students in consultation with Student Wellbeing Team, teachers, SSS, Principal, Department of Education and Training specialist staff.

There are a number of factors that will be considered when determining the most appropriate response to the behaviour. When deciding about how to respond to bullying behaviour, Yarra Junction Primary School will consider:

- the age, maturity and individual circumstances of the students involved
- the severity and frequency of the bullying, and the impact it has had on the target student
- whether the student/s engaging in bullying behaviour have displayed similar behaviour before
- whether the bullying took place in a group or one-to-one context
- whether the students engaging in bullying behaviour demonstrates insight or remorse for their behaviour
- the alleged motive of the behaviour.

The staff investigator may implement all, or some of the following responses to bullying behaviours:

- Offer wellbeing support, including referral to Student Wellbeing Team, SSS, or external provider to:
  - o the target student or students
  - o the students engaging in the bullying behaviour
  - o affected students, including witnesses and/or friends of the target student.
- Create or add to a student chronicle report (red rating). Add details of incident. Notify classroom teacher, Wellbeing Team, Principal and Chaplain. Attach Bullying Behaviour Framework document and Student Responsibility letter.
- Facilitate a restorative practice meeting with all or some of the students involved. The objective of restorative practice is to repair relationships that have been damaged by bringing about a sense of remorse and restorative action on the part of the person who has bullied someone and forgiveness by the person who has been bullied.
- Facilitate a mediation between some or all of the students involved to help to encourage students to take responsibility for their behaviour and explore underlying reasons for conflict or grievance. Mediation is only suitable if all students are involved voluntarily and demonstrate a willingness to engage in the mediation process.
- Facilitate a process using the Support Group Method, involving the target student(s), the students engaging in bullying behaviour and a group of students who are likely to be supportive of the target(s).
- Implement a Method of Shared Concern process with all students involved in the bullying.
- Facilitate a Student Support Group meeting and/or Behaviour Support Plan for affected students.

- Prepare a [Safety Plan] restricting contact between target and students engaging in bullying behaviour.
- Provide discussion and/or mentoring for different social and emotional learning competencies
  of the students involved, including [insert specific examples, i.e. connect affected students
  with an older Student Mentor, resilience programs, etc.].
- Monitor the behaviour of the students involved for an appropriate time and take follow up action if necessary.
- Implement cohort, year group, or whole school targeted strategies to reinforce positive behaviours, for example [insert details].
- Implement proportionate disciplinary consequences for the students engaging in bullying behaviour as per the YJPS Bullying Framework document. This Framework aligns with our Student Wellbeing and Engagement policy, the Ministerial Order on Suspensions and Expulsions and any other relevant Department policy.

Yarra Junction Primary School understands the importance of monitoring and following up on the progress of students who have been involved in or affected by bullying behaviour. Where appropriate, school staff will also endeavour to provide parents and carers with updates on the management of bullying incidents.

The staff investigator is responsible for maintaining up to date records of the investigation of and responses to bullying behaviour.

#### COMMUNICATION

This policy will be communicated to our school community in the following ways:

- Available publicly on our school's website
- Available to parent/carers on our policy portal on Compass
- Available to staff in staff policy folder in Google drive
- Discussed within newsletters (school and cohorts)
- Discussed at student forums and within Wellbeing Programs
- Made available in hard copy from school administration upon request

#### **FURTHER INFORMATION AND RESOURCES**

This policy should be read in conjunction with the following school policies:

- Statement of Values and School Philosophy
- Student Wellbeing and Engagement Policy
- Parent Complaints policy
- Duty of Care Policy
- Inclusion and Diversity Policy

Our school also follows Department of Education and Training policy relating to bullying including:

- Bullying Prevention and Response
- Cybersafety and Responsible Use of Digital Technologies
- Equal Opportunity and Human Rights Students
- LGBTIQ Student Support Policy

The following websites and resources provide useful information on prevention and responding to bullying, as well as supporting students who have been the target of bullying behaviours:

- Bully Stoppers
- Report racism or religious discrimination in schools
- Kids Helpline
- ReachOut Australia
- Lifeline
- Bullying. No way!
- Student Wellbeing Hub
- eSafety Commissioner
- Australian Student Wellbeing Framework
- Resilience Project

#### **EVALUATION**

This policy will be reviewed every 2 years, or earlier as required following an incident or analysis of new research or school data relating to bullying, to ensure that the policy remains up to date, practical and effective.

Data to inform this review will be collected through:

- discussion and consultation with students and parent/carers
- regular student bullying surveys
- regular staff surveys
- Bully Stoppers Data Collection tool
- assessment of other school-based data, including the number of reported incidents of bullying in each year group and the effectiveness of the responses implemented
- Attitudes to School Survey
- Parent Opinion Survey

#### Yarra Junction Primary School



#### **BULLYING BEHAVIOUR FRAMEWORK**

Please circle the offense number & highlight the behaviour that occurred.

Bullying is ongoing and deliberate misuse of power in relationships through repeated (3 or more) verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm. It can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening.

NB: All offences are accumulative. Bullying (not bystander) offences beyond two are to be considered by Principal and referred to Department of Education.

Bullying Behaviour	Student Responsibility Letter, Chronicle (upload framework) Parent /Carer Phone Call, Internal suspension (one full a Withdrawal from year level excurricular event (excursion/ca Principals discretion) Safety plan created and email parent/carer	e Christian e Chri	udent Responsibility Letter, ronicle (upload framework) rent /Carer Phone Call, ternal suspension (one full day) thdrawal from both breaks the lowing day, post external spension, thdrawal from year level extra- rricular event (excursion/camp — Principals discretion) fety plan created and emailed to rent/carer
DIRECT PHYSICAL BULLYING (Repeated)	Offen	ce Number (please circle)	
(1a) hitting	1		2
(1b) Tripping	1		2
(1c) Pushing	1		2
(1d) Damaging Property	1		2
2. DIRECT VERBAL BULLYING	Offen	ce Number (please circle)	
alling	1		2
(2b) insults	1		2
(2c) sexual remarks	1		2
(2d) racist remarks	1		2
(2e) threats	1		2
(2f) verbal abuse (swearing)	1		2
3. INDIRECT BULLYING	Offen	ce Number (please circle)	
(3a) Spreading Rumours	1		2
(3b) Playing nasty jokes.	1		2
(3c) mimicking	1		2
(3d) encouraging other to socially exclude a person	1		2
and/or damaging a person's social reputation or social			
acceptance 4 BULLYING BYSTANDER	Offen	ce Number (please circle)	
(a) Being a bystander involving: Encouraging bullying behaviour	*Student Responsibility Letter (parent email) *Chronicle (upload framework) *Support from Wellbeing Coordinator/Chaplain *Withdrawal from one break time	Student Responsibility Letter (parent email)	Student Responsibility     Letter (parent email)     Chronicle (upload     framework)     Support from Wellbeing     Coordinator/Chaplain     Internal suspension     (one full day including breaks)
(verbal/physical), &/or not reporting bullying behaviour.			



# Yarra Junction Primary School STUDENT RESPONSIBILITY LETTER

Date:
То:
I have engaged in inappropriate Bullying Behaviour.
My behaviour, as outlined in the Bullying Framework Policy was:  Write down what your teacher/YJPS staff highlighted on the Bullying Behaviour Framework Policy.  Example: (2a) name calling
This was my Bullying offense this year.  The consequence of my behaviour is: (tick consequence as per framework)
Student Responsibility Letter
Chronicle Report
Parent contacted (phone and/or email)
Withdrawal from year level extra-curricular event: (name event)
Safety plan created & Parent Meeting
Internal Suspension day(s)
External Suspensionday (s)
Withdrawal from a yard break
Withdrawal from both breaks upon return to class post suspension (internal and external)
From Grade